spa adagio



Massage has been practiced as a healing therapy for centuries in nearly every culture around the world. It aids in relieving muscle tension, aches and pains, and reduces stress. Though massage has an effect on the whole body, it also influences the activity of musculoskeletal, circulatory, lymphatic and nervous systems.





Adagio Signature Massages

OUR MOST REQUESTED CUSTOMIZED MASSAGE TREATMENTS

#1. 60 minute Traditional Massage with calming Lavendar & Sweet Orange aromatherapy. Stretch this service out an additional 15 minutes with an argan oil Scalp Massage.

75 minutes\$135

#2. Full Body Dry Buff Exfoliation followed by a 60 minute Traditional Massage using cold pressed, organic, unrefined Coconut Oil.

#3. 60 minute Advanced Bodywork Massage using healing Arnica Oil, incorporating the use of Hot Stones into massage techniques.

ADVANCED BODYWORK MASSAGE

Firm to deep pressure is applied by an experienced therapist. Our therapists are trained in a variety of modalities to accommodate your specific areas of concern. Thistreatment is aimed towards reducing pain and releasing muscle constriction with therapeutic techniques such as neuromuscular work, myofascial release, isolated stretching and other advanced bodywork.

TRADITIONAL MASSAGE

This stress relieving massage is deeply relaxing. The therapist uses light to medium pressure to melt muscle tension away. This service is suitable for anyone seeking relaxation or rejuvenation. Each massage is tailored to suit your individual needs.





PRENATAL MASSAGE

Treat the mother-to-be with this soothing massage designed to give relief to aching joints, tired muscles and other unique stresses experienced during pregnancy. This incredibly relaxing massage is customized to accommodate a growing belly and make mama feel the most comfortable as she decompresses.

SOLE TO SOUL

Kick back and relax while those aching feet are wrapped in steamed towels and then treated to a heavenly foot massage targeting the reflex zones of the foot while promoting an overall sense of well being and relaxation. It is sure to leave your soul singing.

HEAD, HANDS, AND FEET

This journey begins with a sedative scalp massage and then moves on to treat tired hands and feet. Hands are exfoliated, hydrated and treated to a massage focused on releasing tension in the muscles, joints, and tendons. Next, the same is done to your feet!

MASSAGE UPGRADES

AROMATHERAPY

\$10

Our special blends work to restore balance to your body and bring harmony to your state of being. Choose from:

- Balancing Ginger & Grapefruit
- Uplifting Peppermint & Rosemary
- Calming Lavender & Sweet Orange
- Detoxifying Lemon & Thyme
- Immune Support Lemongrass & Basil





PRODUCT UPGRADE

\$10

Our in-house massage lotion is paraben-free and unscented. However you may upgrade to one of the following dry oils that contain essential benefits and won't leave you greasy.

Choose from:

COCONUT OIL - antimicrobial and rich in minerals this organic, unrefined cold-pressed virgin oil is luscious for dry skin.

GRAPE SEED OIL - a strong antioxidant aids in toning and firming the skin

ARNICA OIL - aids in reducing muscle aches, inflammation, joint pain, sprains, and bruising

SHEA AND COCOA BUTTER - rich in vitamins and minerals to nourish and condition all skin types



HOT STONE

\$15

Smooth warm basalt stones are used to glide over tight muscles, melting tension and increasing blood flow to areas of constriction.

SCALP MASSAGE

ADDS ON 15 MINS

Argan oil, rich in phenols, is massaged into the scalp releasing tension from the cranium and restoring luster to the hair.

FULL BODY DRY BUFF EXFOLIATION

ADDS ON 15 MINS

No shower required. Dry and dead skin cells are buffed away from the skin using exfoliating mitts prior to massage. This full body exfoliation is a MUST HAVE and will make your skin incredibly soft.

\$25

\$30



To achieve a healthy complexion with a youthful glow, a personalized skin care regimen that is appropriate for the various stages of your life is vital. Our daily lifestyle, diet, stress levels and the natural aging process are all factors that affect the skin's health and appearance. Our various facials are custom designed to help keep your skin looking its very best! Every facial begins with a skin consultation and involves a skin analysis. All facials include face, neck, and decolette.



Adagio Signature Skin Care

OUR MOST REQUESTED CUSTOMIZED SKIN CARE TREATMENTS

#1.	Refresher Facial with Bright-Eyed Treatment
	30 minutes
#2.	Signature Facelift adding a powerful 25% Hyaluronic enhancement serum
	for continuous hydration.
	60 minutes\$130
#3.	Hydrating Facial with Pucker and Plump lip treatment
	60 minutes\$120
#4.	Stem Cell Facial adding Bimolecular Sheet Mask
	60 minutes

REFRESHER FACIAL

This mini facial is designed for all skin types to cleanse, exfoliate, tone and hydrate your skin giving you a refreshed look. Perfect before a special occasion or night out.

30 minutes	\$60
50 minutes	

HYDRATING FACIAL

This nourishing facial replenishes moisture loss by combining a Vitamin C blend with exfoliating hydroxy acids and stem cell technology to treat redness, inflammation, dryness and photo-aging skin while providing continuous hydration.

STEM CELL FACIAL

This is our most luxurious facial. Our Stem Cell MAX correction, prevention, and nutrition system targets fine lines and wrinkles, loss of elasticity and dull or sallow skin. MAXimum concentrations of plant-derived stem cells and powerful peptides work to create the appearance of plump, firm skin while restoring skin's radiance

60 minutes			\$120
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CLEAR SKIN FACIAL

Specialized for congested, oily, or acne prone skin, this treatment combines powerful antibacterial peptides and salicylic acid to draw out impurities. Thorough extractions are performed and a calming anti-inflammatory mask is applied to bring the skin back in balance. At-home care is crucial to the success of treatment goals.

MICRODERMABRASION

This treatment uses a diamond tip wand to exfoliate surface layers of the skin while simultaneously suctioning up dead skin cells. Proven to lighten dark spots, reduce the appearance of acne scars, and stimulate collagen production for a more supple and smooth complexion. 60 min includes all the luxuries of a full facial.

30/60 minutes\$75/\$140

PURIFYING BACK TREATMENT

This service is intended to clear up acne and other blemishes on the back. Deep exfoliation, warm steam, and gentle extractions are followed by a soothing masque and relaxing massage. You will leave with smoother and healthier-looking skin.

60 minutes	\$105
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THE SIGNATURE FACELIFT A SUPERFICIAL PEEL

A one-treatment wonder! This gentle and effective treatment for redness-prone, dehydrated, dull or aging skin is packed with powerful enzymes that speed up cellular turnover. By sloughing away the buildup of dead skin cells while injecting the skin with essential antioxidants, vitamins and minerals, this rich blend of natural botanicals improves skin after just one treatment.

60 minutes\$120

WRINKLE LIFT A MEDIUM-DEPTH PEEL

This medium depth peel is ultra-resurfacing and visibly reduces the appearance of wrinkles, fine lines, rough texture and uneven skin tone. A combination of glycolic acid and retinol in an aloe carrier stimulate the production of collagen and elastin giving your skin a fresh, healthy, and firm appearance. Love and protect your new brighter complexion!

45 minutes\$11	10	
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PUCKER AND PLUMP

Eliminate dry and chapped lips with a mild exfoliation. This lip scrub encourages blood flow causing the lips to plump. A silky hydrator is applied to soften and enhance your smooth lips.

BRIGHT-EYED

ADDS 15 MINS

Reduces puffiness, dark circles and fatigue around tired eyes with hydrolyzed collagen and micro current to look well-rested and refreshed.

BIMOLECULAR SHEET MASQUE

Take your facial to the next level with this skin transformation sheet mask. A fusion of volcanic water, botanicals, peptides, and antioxidants reduce the appearance of fine lines and wrinkles, lightens brown spots and brightens dull skin for the ultimate youthful appearance and radiance.

\$10

\$15

\$20





ENHANCEMENT SERUMS

\$10

CHOOSE A POWERFUL SERUM TO BE ADDED TO A MASQUE, MOISTURIZER, OR PEEL

- Stem Cell Serum cell life extension; anti-aging
- Retinol Serum enhance peeling
- Hyaluronic Acid added hydration
- Antioxidant Serum anti-inflammatory, neutralizes free radicals
- Vitamin C Serum antioxidant protection



The skin is the largest organ of the body and should not be neglected. Exfoliation, hydration, and rejuvenation is the best way to be thankful to your incredible outer layering.



Body Treatments

SOFT & SUN-KISSED

Get a gorgeous tan without the harmful effects the sun. This service begins with a full body exfoliation to ensure a flawless and even tan. A colorless hydrating lotion is massaged into the skin and develops into a sun-kissed glow in 8-10 hours lasting for 5-7 days.

45 minutes\$95

SUGAR SCRUBS

When lathering on the lotion to eliminate dry skin just won't do, it's time to exfoliate. This scrub will polish off unwanted dry and dead skin using organic sugar and pure essential oils. Try one of these luscious scrubs that will leave your skin glistening and feeling silky smooth.

30 minutes\$60

- Vanilla & Lavender
- Mint & Chocolate
- Fig & Almond
- Grapefruit & Ginger

MILK & HONEY WRAP

Organic raw honey contains enzymes that naturally exfoliate the skin without abrasion. Warm honey is brushed on the skin before being cocooned allowing the enzymes to debris the skin. Enjoy a relaxing foot or scalp massage while wrapped. A milky hydrating moisturizer is applied to conclude this service leaving your skin resilient.

SUNBURN SOOTHER WRAP

Take the sting out of your sunburn with this cooling wrap. Drenching your skin in this aloe-based miracle will pull the redness from your skin while calming inflammation and irritation allowing the skin to repair more rapidly and prevent peeling. Enjoy a relaxing foot or scalp massage while your skin drinks this up.

5 minutes S	\$100
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Feel great and look great too!



Beauty

LASH TINT

\$35

15 MINS

If you have blonde eyelashes, lashes lightened by the sun, or lashes with blonde tips this treatment will give you dark lashes that look fuller without the mascara.

BROW TINT

\$25

15 MINS

Get the look of a bold brow by applying a conditioning color to make brows more defined. Lasts up to 3 weeks.

LASH LIFT

45 MINS

Throw out the eye lash curler! Stop with those glue on lash extensions! This alternative will have your NATURAL lashes looking longer and fuller for up to 8 weeks.

COVER UP TATTOOS

\$25 - 75

Flawlessly camouflage ink, scars, blemishes, or tattoos with an on-stage product used by professionals.



Spa adagio uses the highest quality of Imported waxes that are gentle on the skin. These customized superior waxes will be selected according to each individuals hair type and area being waxed. Waxing services are NOT recommended for guests using Retin-A, Acutane, Tretinoins, those whom are diabetic or have been recently overexposed to the sun.





Brow Sculpt - <i>sculpt, wax, tweeze, trim.</i> \$30
Brow Maintenance
Lip\$15
Chin\$15
Sideburns - <i>cheeks/ chops</i> \$20
Full face - for Flawless MUA - cheeks, lip, chin & brow\$55
Underarms\$25
Half arm - <i>below elbow</i> \$30
Full arm - <i>wrist to shoulder</i> \$55
Tummy\$20
Basic Bikini (Modest) removal of hair visible outside bikini line



Full Brazilian (Superstar) - from sea to shining sea \$65	i
Half Leg - <i>below the knee</i> \$45	i
Full leg - ankle to upper thigh\$75	i
Men Full Back\$70	1
Men Full Chest\$55	i

* To avoid ingrown hairs and unsightly bumps, begin exfoliating 2 days after waxing. Continue exfoliating daily until your next waxing or hair has completely grown out.



Spa "Must Know"

RESERVATIONS

Appointments can be made online at spaadagiocharleston.com or by calling the spa directly during hours of operation. Services must be guaranteed with a credit card. All spa services are subject to availability. Prices and services are subject to change without notice. Prices do NOT include gratuities.

CHECKING - IN

Please arrive 15 mins prior to the time of your scheduled service. We regret to inform you late arrivals will result in abbreviated services. We do not wish to delay any service for ANY guest. We value your time as well. Please do not bring jewelry to the Spa as we can not secure these or other valuables. Please dress for comfort. Proper and professional draping will be performed throughout your treatment.

* The use of cell phones and personal electronic devices are not permitted upon entering Spa Adagio.

MEDICAL CONCERNS

Please consult your physician before booking services if you have any medical concerns such as a pregnancy, heart condition, high blood pressure, or recent surgery. Please inform your service provider with any allergies, sensitivities, medications or other special needs that require our attention.



CANCELLATIONS

As a courtesy to all, we require a 24 hr notice to be given to cancel or reschedule your appointment. Spa packages, multiple bookings, and group bookings require 72 hours to avoid cancellation or reschduling fees. Insufficient notice will result in a 50% charge of services reserved. No show reservations will result in charges for full service value. Cancellations can be done online if it complies with policy or by calling the spa directly (843) 577-2444. Email and voicemail messages are not preferred.

SPA PRODUCTS & RETURN POLICY

In the event you are not satisfied with a retail product, you will be given a spa credit if the product is returned within 30 days from date of purchase.

GIFT CARDS

Gift cards are available for purchase in-store or through our website. Gift card value may be used to purchase products, services, or for gratuity. Gratuities are NOT included in service pricing or charges and are at your discretion. Gift cards are non-transferrable. Spa Adagio is not responsible for lost, stolen, damaged, or unauthorized use of gift cards.



A CHARMING FULL SERVICE DAY SPA LOCATED IN THE LOWER LOBBY OF THE HISTORIC FRANCIS MARION HOTEL

HOURS OF OPERATION

MONDAY - SATURDAY

9 AM - 7 PM

SUNDAYS BY RESERVATION ONLY

843-577-2444 387 KING ST CHARLESTON, SC 29403

WWW.SPAADAGIOCHARLESTON.COM

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