



THE SPA OF
CHARLESTON
TREATMENT MENU

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We cordially invite you to indulge in the finest wellness services in the world and welcome you to experience true Southern hospitality.

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VALMONT FACE & BODY

VALMONT DISCOVERY FACIAL

THE EQUIVALENT OF A GOOD NIGHT'S SLEEP IN JUST A FEW MINUTES, THIS CLOCK-REVERSING TREATMENT REVEALS A FRESH AND RADIANT COMPLEXION. THE BENEFITS ARE INSTANTLY SMOOTH SKIN, RELAXED FACIAL FEATURES, AND THE RENEWED GLOW OF HEALTHY SKIN. YOUR SKIN WILL BE SOFT, SUPPLE, AND VISIBLY SMOOTHED. A REPARATIVE, REGENERATING, AND CORRECTIVE TREATMENT COMBATS THE VISIBLE SIGNS OF AGING.

60 MINUTES 185.

90 MINUTES 265.

VITALITÉ DU SUD FACIAL

TECHNIQUES WILL CLEAR AND DETOXIFY, WHILE VALMONT'S CELLULAR COLLAGEN MASKS FOR THE FACE, EYES, NECK, AND DÉCOLLETÉ WILL RENEW AND RESTORE YOUR SKIN. LED AND MICROCURRENT TECHNOLOGY LIFT AND DEFINES THE CONTOURS OF THE FACE TO ADD A PRACTICAL FINISHING TOUCH TO THIS RESULTS-DRIVEN FACIAL. THE TREATMENT CONCLUDES WITH A RELAXING AND DEEPLY HYDRATING 90-MINUTE VITALIZING MASSAGE REPLETE WITH A LUXURIOUS HAND AND FOOT SCRUB AND MASK TREATMENT.

180 MINUTES 825.

L'ENERGIE DES GLACIERS FACIAL

INSPIRED BY THE TREMENDOUS FORCE OF ETERNAL SNOW, VITALITÉ DES GLACIERS IS A TREATMENT FOR TIRED AND DEVITALIZED SKIN THAT QUICKLY BECAME A SIGNATURE TREATMENT. THIS BEAUTY-BOOSTING TREATMENT REFLECTS THE TECHNICAL KNOW-HOW OF THE SWISS EXPERT IN ANTI-AGING. THIS TRUE BEAUTY BOOSTER STIMULATES SKIN VITALITY AND CELL RENEWAL, TWO FACTORS IN SKIN HEALTH THAT WANE WITH TIME. AFTER THE TREATMENT, YOUR COMPLEXION IS REFRESHED, DETOXED, OXYGENATED, AND SIMPLY LUMINOUS.

60 MINUTES 275.

90 MINUTES 415.



FACIAL MENU

FRENCH QUARTER FACIAL WITH PEEL

TURN BACK THE CLOCK TO 1680. JUST BEFORE THE REVOCATION OF THE EDICT OF NANTES IN 1685, FRENCH HUGUENOTS FLED CHARLESTON TO AVOID PERSECUTION. LUCKILY FOR US, THESE FRENCH REFUGEES BROUGHT THE ART, MERCHANDISE, AND ARCHITECTURE OF THEIR HOMELAND WITH THEM, AND THE STUNNING FRENCH QUARTER WAS BORN. OUR FRENCH QUARTER FACIAL UNEARTHS YOUR ORIGINAL COMPLEXION WITH A PEEL AND REPARATIVE TREATMENT. RESTORE YOUR FACE LIKE A WORK OF ART!

90 MINUTES 270.

KING GEORGE III BACK FACIAL AND MOISTURIZER

LOOK GREAT ON YOUR WAY OUT. ADDRESS PROBLEMATIC SKIN WITH AN EXFOLIATION, TREATMENT, AND HYDRATING MASK FIT FOR A KING ON KING STREET.

60 MINUTES 185.

CHARLESTON HISTORICAL PRESERVATION ANTI-AGING FACIAL

AS A HISTORICALLY PROTECTED CITY, WE TAKE RESTORATION SERIOUSLY. RESTORE AND PRESERVE YOUR SKIN'S VITALITY THROUGH THIS AGE-DEFYING AND LIFTING TREATMENT. THIS LUXURIOUS FACIAL FOCUSES ON THE EYES, NECK, AND JAWLINE DELIVERING A BRIGHTER, NOURISHED, AND LIFTED COMPLEXION. EACH TREATMENT INCLUDES MICROCURRENT, MICRODERMABRASION, LED LIGHT THERAPY, ACUPRESSURE FACIAL MASSAGE, AND NUTRIENT-RICH EXTRACTS FOR LONG-LASTING RESULTS.

105 MINUTES 385.

SAIL THE HIGH CS BRIGHTENING FACIAL

A PIRATE'S LIFE IN THE SUN, SAND, AND SEA CAN WRECK A SWASHBUCKLER'S COMPLEXION. SWORD FIGHT HYPERPIGMENTATION AND PHOTOAGING WITH THIS POWERFUL TREATMENT THAT INCORPORATES VITAMIN C, NATURAL BOTANICALS, AND ACTIVE FRUIT ACIDS TO BRIGHTEN, NOURISH, AND RESTORE YOUR COMPLEXION. THE ANTIOXIDANTS OF THE CARIBBEAN HELP REPAIR SUN-DAMAGED SKIN, STIMULATE CELL RENEWAL, AND LEAVE THE SKIN BRIGHTENED AND YOUTHFUL. STAND UP ME HEARTIES, YO HO.

60 MINUTES 200.



FACIAL MENU CONTINUED

BLESS YOUR HEART GUA SHA ROSE QUARTZ FACIAL

WELL, I DO DECLARE! OUR ROSE QUARTZ HEART GUA SHA FACIAL REDUCES PUFFINESS, FINE LINES, AND WRINKLES WHILE GIVING THE SKIN A COOL AND CALM SENSATION. RESTORE SKIN'S VITALITY WITH THIS SOOTHING AND CALMING TREATMENT SPECIALIZED FOR SENSITIVE SKIN. UTILIZING UNIQUE EXTRACTS OF ORGANIC CALENDULA AND ECHINACEA, THIS PURIFYING FACIAL TREATS VISIBLE SIGNS OF STRESS AND HELPS TO RESTORE THE NATURAL BARRIER TO LEAVE IT REPAIRED AND NOURISHED.

60 MINUTES 200.

STEEL MAGNOLIA MINI-FACIAL

"OUSER, YOU KNOW I LOVE YOU MORE THAN MY LUGGAGE," SAYS OUSER BOUDREAUX TO CLAIREE BELCHER, AND EVERY SOUTHERN WOMAN KNOWS EXACTLY WHAT SHE MEANS. THIS SHORT AND SWEET BURN CUTS RIGHT TO THE CHASE, AND LEAVES A BEAUTIFUL, GLOWING FACE. YOUR TYPE OF PEEL WILL BE DISCUSSED AND DECIDED UPON IN CONSULTATION WITH YOUR THERAPIST.

45 MINUTES 160.

THE SPA OF CHARLESTON LUXURY HAND TREATMENT

INCORPORATING THE BENEFITS OF HERBAL EXTRACTS AND ESSENTIAL OILS THIS LUXURY SPA EXPERIENCE FOR THE HANDS AND LOWER ARMS RE-MINERALIZE, FIRMS AND TONES THE SKIN AND INDUCES RELAXATION. EXFOLIATION IS FOLLOWED WITH AN AROMATIC AND INFUSED MASK AND A RELAXING MASSAGE TO REVEAL INCREDIBLY SMOOTH AND SOFT SKIN.

30 MINUTES 65.



FACIAL ENHANCEMENTS

FACIAL ENHANCEMENTS

ADD-ONS

MICROCURRENT - 30 MINUTES	85.
LED LIGHT THERAPY - 15 MINUTES	45.
REJUVENATING FACIAL MASSAGE - 15 MINUTES	40.
DEEP AS DAVY JONES' LOCKER CONDITIONING HAIR AND SCALP MASSAGE - 15 MINUTES.	25.

ADD-INS

CBD OIL -	30.
HAND SCRUB -	15.
AGELESS EYE CONTOUR -	25.
LIP AND WAX TREATMENT -	35.
HYDRATING LIP TREATMENT -	25.
SWAMP FOX FOOT SCRUB -	25.
PARAFFIN -	25.
FACE SHEET MASK -	25.

MICRODERMABRASION

MICRODERMABRASION + 30 MINUTES -	85.
MICRODERM HANDS -	25.
MICRODERM DÉCOLLETÉ -	30.
MICROCURRENT BROW LIFT -	45.

LIFTING FACE MASSAGE

30 MINUTES	115.
60 MINUTE	175.

SPECIAL REQUESTS

OUTSIDE OF SPA HOURS	25.
THERAPIST STANDBY (PRICE PER MINUTE)	2.
IN ROOM MASSAGE +15 MINUTES	30



WAXING & MAKEUP

WAXING

BROW SHAPING -	25.
FULL LEG -	80.
BRAZILIAN -	85.
HALF LEG -	40.
UNDERARM -	35.
BIKINI -	35.
LIP / EYEBROW -	30.
LIP -	15.
CHIN -	15.

EYEBROW PROFESSIONAL DESIGN - 25.

EYELASH EXTENSIONS - UPON CONSULTATION / AVAILABILITY

EYELASH PERM + TINT

EYEBROW BAR

EYEBROW LIFT AND PROFESSIONAL DESIGN WAXING - 55.

EYEBROW MICROBLADING - UPON CONSULTATION / AVAILABILITY

EYEBROW TINT - 40.

EYELASH EXTENSIONS

EYELASH EXTENSIONS - UPON CONSULTATION / AVAILABILITY.

EYELASH PERM AND TINT - UPON CONSULTATION / AVAILABILITY.

MAKE-UP

UPON CONSULTATION / AVAILABILITY.



R&R (RELAX AND REBEL) PACKAGES

THE PACKAGES ARE INSPIRED BY SOME OF CHARLESTON'S MOST BRAVE, EFFORTLESSLY COOL, AND TALENTED RESIDENTS WHO DEFINE THE SOPHISTICATED YET REBELLIOUS SPIRIT OF SOUTH CAROLINA IN GENERAL AND CHARLESTON IN PARTICULAR. THESE TREATMENTS ARE SURE TO DELIGHT, INSPIRE, AND HONOR THE REBEL SPIRIT THAT LIVES ON IN ALL OF US TODAY!

COLONEL WILLIAM MOULTRIE FORTIFYING MASK AND BUFF

ON JUNE 28, 1776, THE BRITISH ROYAL NAVY ATTACKED CHARLESTON. FORT MOULTRIE, HALF-FINISHED AND MADE OF SIMPLE PALMETTO LOGS AND SAND, MOULTRIE AND HIS MEN PREPARED FOR THE WORST. TO EVERYONE'S SURPRISE, THE PALMETTOS WERE RESILIENT AND TOUGH ENOUGH TO STAVE OFF NINE BRITISH BATTLE SHIPS FOR NINE HOURS BY ABSORBING THE CANNON BALLS. THE COLONEL HONORED THE PALMS AND HIS TROOPS BY PLACING A TREE AND GORGET ON OUR LEGENDARY INDIGO BLUE AND WHITE SOUTH CAROLINA STATE FLAG. CHOOSE FROM EITHER OUR DETOXIFYING SALT OR SUGAR SCRUB TO CREATE A PERSONALIZED POLISH AND MASSAGE THAT WILL FORTIFY AND STRENGTHEN YOUR SKIN AND MUSCLES.

60 MINUTES 185.

THE SWAMP FOX'S PAIN RELIEF CBD MASSAGE AND SCRUB

COMES WITH A COMPLIMENTARY ANKLE BREAKER COCKTAIL.

THE UNITED STATES OF AMERICA MAY STILL BE BRITISH COLONIES IF NOT FOR THE DASHING BRAVERY AND LEADERSHIP OF OUR HOTEL'S NAMESAKE, FRANCIS MARION. HE EARNED HIS MONIKER, THE SWAMP FOX, DUE TO HIS SLY-LIKE-A-FOX MILITARY MANEUVERS IN THE SWAMPS OF CHARLESTON. OUR SWAMP FOX RESTAURANT SERVES THE ANKLE BREAKER COCKTAIL IN HONOR OF HIS FAMED INJURY FROM JUMPING FROM A HIGH WINDOW TO ESCAPE THE BRITISH HOT ON HIS TRAIL, AND THIS TREATMENT INCLUDES THIS "FEEL NO PAIN" COCKTAIL PAIRED WITH THE HEALING BENEFITS OF YOUR MASSAGE AND A PAIN-RELIEVING BLEND OF CBD AND BOURBON BUBBLER SCRUB.

90 MINUTES 275.

R&R (RELAX AND REBEL) PACKAGES CONTINUED

THE DAISY CALHOUN CHAMPAGNE PACKAGE

INDULGE IN THE POSHEST PACKAGE FIT FOR SNOBS PRIVILEGED ENOUGH TO LIVE SLIGHTLY NORTH OF BROAD STREET AND DISCOVER THE BEAUTY AND YOUTH SECRETS OF THE BOURGEOISIE. FAMED AND AFFLUENT SOCIALITE, DAISY BREAUX CALHOUN, AND HER HUSBAND BUILT THE OPULENT VILLA MARGHERITA AT 4 SOUTH BATTERY. IT IS OFTEN CALL "THE WHITE HOUSE OF THE SOUTH" AS PRESIDENTS ROOSEVELT, CLEVELAND, AND TAFT WERE ALL ENTERTAINED BY MRS. CALHOUN THERE. YOU CAN LIVE LAVISHLY, TOO, WITH THIS EXCLUSIVE MASSAGE AND FACIAL PACKAGE. ALL FIVE SENSES ARE ROUSED AS THIS LUXURIOUS TREATMENT BEGINS WITH A RELAXING RITUAL. RARE EXOTIC AND PRECIOUS ESSENTIAL INGREDIENTS ARE GENTLY KNEADED INTO THE ENTIRE BODY USING SIGNATURE LONG FLOWING MOVEMENTS IN THIS 90-MINUTE SCRUB, MOISTURE MELT, AND MASSAGE TREATMENT, FOLLOWED BY A LAVISH 90-MINUTE FACIAL INCLUDING MICRODERMABRASION, MICROCURRENT, AND LED LIGHT TREATMENT RESTORES THE EMOTIONAL EQUILIBRIUM AND TAKES YOU TO A BLISSFUL STATE OF WELL-BEING. A SENSATIONAL APPROACH TO SLOW THE EFFECT OF TIME, PERHAPS EVEN TURN BACK THE CLOCK. SIP CHAMPAGNE, DON A MONOGRAMMED ROBE, AND NIBBLE ON CHARCUTERIE AND DESSERTS IN STYLE AND ALL THE WHILE. MUST BE RESERVED WITH AT LEAST TWO WEEK'S NOTICE FOR ROBE MONOGRAMMING OR IT MAY BE SENT AS A GIFT AFTER THE SPA DAY.

THREE HOURS - 830.

I ONLY WANNA "BEE" WITH YOU HONEY AND BUTTERMILK BISCUITS BODY TREATMENT

OFTEN MISTAKENLY CALLED "HOOTIE", CHARLESTON'S OWN, DARIUS RUCKER, BROKE THE MOLD OF ROCK AND COUNTRY BY CREATING HIS OWN DISTINCTIVE, SIGNATURE STYLE OF MUSIC. THIS SOULFUL -FULL BODY POLISH, WRAP, AND MASSAGE IS DEDICATED TO THE SWEET AND EASY MUSIC OF HOTTIE AND THE BLOWFISH'S LEAD SINGER AND ONE OF THE GREATEST COUNTRY MUSIC ARTISTS OF OUR TIME. THIS SUCCULENT JOURNEY BEGINS WITH A STEAMING MINERAL TOWEL COMPRESS, INFUSED WITH ORGANIC TEAS AND FLOWER PETALS, WRAPS AROUND YOU AFTER YOU ARE PAINTED WITH A RAW HONEY AND LIVE FRUIT CELL GLAZE. NEW LIFE IS BREATHED INTO SKIN ONCE SCRUBBED WITH A REFRESHING SALT AND RICE BRAN OIL BLEND. THE FINALE NOTE IS A MASSAGE INCORPORATING BUTTERMILK STEEPED MILK LOTION AND A DROP OF CRISP SWEETGRASS OIL TO AWAKEN AND DEEPLY MOISTURIZE THE SKIN.

120 MINUTES 360.

THE GENTLEMAN PIRATE, STEDE BONNET, BUFF

STEDE BONNET, OTHERWISE KNOWN AS THE GENTLEMAN PIRATE, ABANDONED HIS PROSPEROUS LIFE IN BARBADOS, BOUGHT A SHIP, NAMED IT REVENGE, AND HIT THE HIGH SEAS TO DEFY KING GEORGE. HIS PIRATICAL PURSUITS ENDED IN 1718 AT THE END OF OUR VERY OWN KING STREET AT WHITE POINT PARK. BESPOKE FOR THE MOST DISTINGUISHED GENTLEMAN OR LADY, THIS BODY BUFF, MOISTURE MASK, AND WRAP MOISTURIZING TREATMENT BEGINS WITH AN EXFOLIATING BODY POLISH THAT PREPARES THE SKIN AND MUSCLES. THIS MOISTURIZING MASSAGE FEATURES A WARM, MINERAL-RICH WRAP TO REPAIR THE SKIN, AND IS FOLLOWED BY AN ULTRA-HYDRATING MASSAGE TO RETURN MOISTURE FOR A LONG-LASTING SILKY, SATIN FINISH. ENJOY YOUR CHOICE OF VIRGIN OR RUM DRINK, MATEY.

90 MINUTES 380.

MASSAGE & BODY TREATMENTS

COUPLES TREATMENTS

Massage Lessons for Couples

Be part of a one-on-one massage course experience with your partner. Learn how to massage each other under the supervision of your trained therapist. Take your spa experience home along with a bottle specially mixed massage oil.

120 Minutes for 130. - Per Person

Muddy in the Marsh Couple's Body Painting and Shower

Charleston's plough mud is rich in nutrients, and we celebrate it and our deep love of the arts with this nourishing, naughty, and artistic couple's treatment. Our therapists will present you and your beloved with a pair of body brushes and detoxifying rhassoul clay for you to DIY paint on one another in the privacy of an exclusive couple's shower villa. This decadent ritual includes a bottle of chilled Champagne to cool down as things heat up. Take home a work of art.

60 Minutes for 109. - Per Person



MASSAGE & BODY TREATMENTS

THE SPA OF CHARLESTON SIGNATURE BODY TREATMENT AND MASSAGE

Inspired by Turkish hammams, this signature treatment packs an impressive amount of pampering. Start with our detoxifying Sugar Magnolia Scrub, followed by a deeply hydrating slathering of skin-soothing coconut milk. A soul-nourishing Swedish massage fused with the added benefits of aromatherapy will melt and moisturize your muscles. Your therapist will make an organic essential oil blend specifically for you to nourish the body and mind.

90 Minutes - 225.

FRERE JACQUES LAVENDER SLEEP BODY MESSAGE AND MASK

Dormez-vous? This organic, sleepy mix of buttermilk, coconut milk, and lavender is the perfect combination to put you to sleep. There is no better way to induce blissful rest than a mask and massage to nourish, relax, and calm your body and mind.

Full Body Mask and Massage - 60 Minutes - 185.

THE GREAT SAPPHIRE HERON SHIRODHARA MASSAGE

The great blue heron found throughout Charleston marshes symbolizes good fortune and positive energy. The precious indigo sapphire relates to the third eye chakra, otherwise known as the Anja, and is highly effective at eliminating negative energy and relaxing tension. This luxurious update to the traditional ayurvedic practice begins with a luscious foot cleansing ritual. The head or "shiro" is met with a gently swaying "dhara" or flow of warm, healing oil that streams onto the third eye and causes mental relaxation and peace

60 Minutes - 185.

90 Minutes - 275.



MASSAGE & BODY TREATMENTS

GO DEEPER DARLIN' DEEP TISSUE MASSAGE

Rejuvenate with a more therapeutic technique of bodywork incorporating slower strokes to penetrate deeper layers of muscle fibers. This massage will help release chronic patterns of tension that create painful conditions and structural misalignment.

60 Minutes - 185. | Group of Five or More - 166. pp.
90 Minutes - 265. | Group of Five or More - 238. pp
120 Minutes - 360. | Group of Five or More - 324. pp

SWEET-ISH ICED TEA MASSAGE

A Low Country version of the traditional Swedish massage performed by a sweet Southern therapist with a little icy menthol if you like. This lighter pressure massage utilizing long strokes is the most universal of all massages, and is perfect for relieving tension, reducing swelling, increasing circulation and inducing relaxation.

60 Minutes - 175. | Group of Five or More - 157. pp.
90 Minutes - 240. | Group of Five or More - 216. pp
120 Minutes - 350. | Group of Five or More - 291. pp

60 Minute - 6 Pack* - 870.
90 Minute - 6 Pack* - 1200.
120 Minute - 6 Pack* - 1680.

ARTHUR RAVENEL JR. BRIDGE STRETCH MASSAGE

Stretch out as long and have a muscle span as wide as Charleston's famed suspension bridge. This performance-based massage assists with flexibility and agility without compromising your safety. Increased mobility gives you the freedom to enjoy free range of motion so that you are able to perform all of the physical activities that you long to do.

60 Minutes - 175.
90 Minutes - 240.



MASSAGE & BODY TREATMENTS

CHARLESTON'S GARDENS AROMATHERAPY MASSAGE

Celebrate the scents of the Holy City's many famed gardens with a rejuvenating Swedish massage fused with the added benefits of aromatherapy from natural therapeutic scents. Your therapist will make an organic essential oil blend specifically for you to nourish the body and mind.

60 Minutes - 190.
90 Minutes - 255.
120 Minutes - 340.



SPECIALTY MASSAGE

LITTLE MIRACLE ON THE WAY PRENATAL MASSAGE

Here comes just what you've been praying for, and this locally grown baby is getting a calm, cool, and comfortable mama to greet them. Reduce edema, back pain, and tension with this customized massage designed to improve your prenatal health and wellbeing. Specific techniques and pregnancy support pillows provide support and comfort. Your therapist may modify your massage for any stage of pregnancy (only recommended for women in their second or third trimester).

60 Minutes - 175. | Group of Five or More - 157.
90 Minutes - 240. | Group of Five or More - 216.

BOW THAI TABLE MASSAGE

If your muscles are tied up in knots as tight as a silk bow tie, then this combination of gentle rocking motion, rhythmic acupressure and assisted stretching will deeply relax and revitalize you. Benefits include increased flexibility, relief of joint and muscle tension and a balance of the body's energy system.

60 Minutes - 190. | Group of Five or More - 171.

STONO INLET SMART REEF-LEXOLOGY

Just five miles off Stono Inlet between Kiawah Island and Folly Beach lives new technology on an artificial reef. Data on weather, winds, and waves is captured, sea creatures are given a better habitat, and humans are drawn outside to enjoy the whole maritime extravaganza. This specialized treatment restores overall health to your body by massaging the feet to get you out and about, as well. You leave feeling relaxed, rejuvenated, and balanced, with an improved ecosystem of your own.

45 Minutes - 150. | Subject to therapist availability

HAIR AND SCALP TREATMENTS

Release stress and improve scalp circulation while deep conditioning your hair and scalp.

15 Minutes - 45. | Add to any treatment

MASSAGE & BODY TREATMENTS

MASSAGE ENHANCEMENTS

Body Buff | + 30 Minutes - 100.
Reflexology | + 15 Minutes - 50.
Scalp | + 15 Minutes - 50.
Detox Wrap | +30 Minutes - 85.

Dry Brush Exfoliation | 25.
Percussive Pirate's Pistol | 25.
Hydrating Face Mask | 25.
Aromatherapy | 18.
Hot Stone Massage | 25.
CBD Oil | 30.
Swamp Fox Foot Scrub | 25.
Paraffin | 25.
Face Sheet Mask | 25.

LIFTING FACE MASSAGE

30 Minutes - 115.
15 Minutes - 175.

SPECIAL REQUESTS

Outside of Spa Hours - 25.
Therapist Standby (PRICE PER MINUTE) - 2.
IN ROOM MASSAGE + 15 Minutes - 30. PP



GROUPS & EVENTS



THE SOUTHERN BELLE BRIDE

The epicenter of Southern weddings, The Spa of Charleston offers complete packages, personalized wedding party gifts, treatments, and rentals for wedding parties. Call us to plan your dream day. Prices are subject to consultation.

Bridal Hair (includes trial)
Bridal Make-up
Bridesmaids Hair
Flower Girl Hair
Flower Girl Make Up
Stylist for the Day or Half-Day

SWEATING FOR THE WEDDING

Bring along your bridesmaids, join us for a bridal boot camp, and socialize in our world class spa afterwards. Fitness veils will be provided!

PRIVATE SPA RENTAL

includes all services and gratuity

Bring yourself or bring your friends - book out the spa for your bridal party or friends time

150 Minute Minimum | 1500. per Hour

FITNESS

PALMETTO AND CRESCENT PERSONAL TRAINING

Whether launching a personal health journey, sweating for the wedding or simply maintaining your Southern charm and appeal, our certified personal trainers can create bespoke sessions to fit every budget and body.

1 Session: 60 Minutes 160.

4 Session 60 Minutes for 640.

First Time Offer:

Buy 6 Sessions Get One Free 60 Minutes for 960.

BRING BOO TO WORK OUT WITH YOU

Partner Training: 1 Session 30 Minute 100. 6 Session 30 Minute 500.

NAMASTE AT THE FRANCIS MARION

Private Yoga: 30 Minutes 80. 60 Minutes for 135.

PERSONAL TRAINING

Bougie and Buff Personal Training

Not Here to Mingle Single 60 Minute Session

1 Session	160.
4 Session - 10% Off	640.
First Time Offer - Buy 6 Session Get One Free	960.
10 Session - 25% Off	1,200.
20 Session - 30% Off	2,240.

Note Here to Mingle Single 30 Minute Session

1 Session	80.
4 Session	290.
6 Session	400.
10 Session	600.
20 Session	1120.

The Bougie Two-sie 30 Minute Session

1 Session	100.
6 Session - 30 Minute	500.
10 Session - 30 Minute	750.
20 Session - 30 Minute	1400.

Private Yoga

30 Minute	80.
60 Minute	135.

Private Pilates

Reformer - 30 Minutes	90.
Reformer - 60 Minutes	150.

Group Pilates

Reformer - 60 Minutes 2-Person	190.
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Private Group Fitness Class

Meditation, Dance, Foam Roller, Yoga, Pilates, Bootcamp, HIIT, Weight Training

75 PP 3/ 70 PP 4 / 65 PP 5/ 350 for 5 or more



THE SOUTHERN GENTLEMAN'S MENU



THE SPORTSMAN'S MASSAGE

Country boys can survive, but the physicality of plowin' fields, skinnin' bucks, and runnin' trotlines can take a toll on the body. This more therapeutic bodywork technique incorporates slower strokes to work deeper layers of muscle fibers. This massage will help release chronic patterns of tension that create painful conditions and structural misalignment.

60 Minutes 190.

90 Minutes 270.

120 Minutes 370.

THE CHARLESTON DAPPER GENT MASSAGE

Bespoke for only the most refined Southern gentlemen, this deep and meaningful body massage is designed to release tension, improve circulation and soothe stress and worries away.

60 Minutes 175.

90 Minutes 240.

SEERSUCKER SUIT FACIAL

This bespoke facial is suited specifically for gents, and transform skin as puckered as seersucker with a unique facial massage, exfoliation and personalized masque to make your skin smooth and refined.

60 Minutes 180.

YOU'RE AS SMOOTH AS CAROLINA WHISKEY PACKAGE

This intoxicating treatment is paired with a Calhoun Straight Rye to sip and savor as our World Class therapist polishes you with our Farmhouse Fresh Bourbon Bubbler Scrub made from real Kentucky Whisky. This decedent adventure begins with an exfoliating and hydrating body, legs, and foot polish, and is followed by the most luxurious massage utilizing warm as a glass of brandy towel techniques.

90 Minutes 240.

GUIDELINES

WELCOME TO THE SPA OF CHARLESTON!

WE HAVE COMPILED SOME HELPFUL GUIDELINES TO ENSURE THAT YOU HAVE THE MOST PERFECT DAY. SHOULD YOU HAVE ANY QUESTIONS PLEASE DO NOT HESITATE TO REACH OUT TO ONE OF OUR BELLES.

APPOINTMENTS AND RESERVATIONS

APPOINTMENTS MAY BE SCHEDULED DURING OPERATIONAL HOURS BY CALLING 843-577-2444. A CREDIT CARD IS REQUIRED TO SECURE YOUR APPOINTMENT.

CANCELLATION

TREATMENT TIMES ARE RESERVED ESPECIALLY FOR YOU. WE KINDLY REQUEST THAT CANCELLATIONS OR CHANGES TO APPOINTMENTS BE MADE AT LEAST 24 HOURS IN ADVANCE FOR SINGLE SERVICES AND 48 HOURS IN ADVANCE FOR MULTIPLE TREATMENTS. A 100% CHARGE WILL BE APPLIED TO YOUR CREDIT CARD FOR FAILURE TO FOLLOW THIS POLICY. NO-SHOW APPOINTMENTS WILL BE CHARGED IN FULL.

HEALTH CONSIDERATIONS

PLEASE NOTIFY OUR RESERVATION DEPARTMENT IF YOU HAVE HIGH BLOOD PRESSURE, ALLERGIES, ANY PHYSICAL AILMENTS OR SPECIAL NEEDS, OR IF YOU ARE PREGNANT WHICH WOULD AFFECT YOUR CHOICE OF SERVICES. THIS INFORMATION MAY ALSO BE COMPLETED ON YOUR CARE GUIDE UPON ARRIVAL AT THE SPA.

ARRIVAL

WE SUGGEST YOU ARRIVE 30 MINUTES BEFORE YOUR APPOINTMENT TO SIGN IN AND SHOWER IN OUR WELL-APPOINTED LOCKER ROOMS.

TARDINESS

AS A COURTESY TO THE FOLLOWING CLIENTS, LATE ARRIVALS WILL ONLY RECEIVE THE REMAINING AVAILABLE APPOINTMENT TIME AND WILL BE CHARGED THE FULL-SERVICE FEE.

SPA CONCIERGE

OUR SPA RESERVATION DEPARTMENT WILL HELP YOU PLAN THE PERFECT SPA EXPERIENCE BASED ON YOUR SPECIFIC NEEDS.

ATTIRE

DISROBE TO THE LEVEL OF YOUR COMFORT. UNDERGARMENTS ARE NOT NECESSARY, BUT YOU MAY WEAR THEM DURING YOUR TREATMENT IF YOU PREFER. OUR LICENSED THERAPISTS ARE TRAINED TO DRAPE A SHEET OR TOWEL OVER YOUR BODY IN A DISCRETE MANNER, ASSURING YOUR PRIVACY AT ALL TIMES. FOR FACIALS, WE PROVIDE BODY WRAPS TO COVER THE LOWER AND UPPER HALF OF YOUR BODY.

AGE REQUIREMENT

ALL SPA GUESTS MUST BE 16 OR OLDER TO SCHEDULE A TREATMENT. A WAIVER MUST BE SIGNED BY A PARENT FOR SPA TREATMENTS AND PERSONAL TRAINING FOR ANY CHILDREN UNDER THE AGE OF 17.

SHAVING

SHAVING IS NOT RECOMMENDED BEFORE ANY BODY EXFOLIATION TREATMENTS OR HAIR REMOVAL SERVICES. WE DO, HOWEVER, RECOMMEND THAT MEN PLEASE SHAVE 2 HOURS BEFORE THEIR SCHEDULED FACIAL TREATMENT.

GUIDELINES - CONTINUED

CELLULAR PHONES

IN CONSIDERATION OF OUR OTHER GUESTS, WE ASK THAT YOU TURN OFF THE VOLUME ON YOUR CELL PHONE BEFORE ENTERING THE SPA. VIBRATION MODE IS ALSO PROHIBITED.

VALUABLES

VALUABLES INCLUDING, BUT NOT LIMITED TO, JEWELRY, WATCHES, PURSES, AND WALLETS SHOULD NOT BE BROUGHT TO THE SPA OF CHARLESTON. WE ARE NOT RESPONSIBLE FOR ANY MISSING OR LOST ITEMS.

PAYMENT

WE ACCEPT ONLY DIGITAL FORMS OF PAYMENT INCLUDING MAJOR CREDIT CARDS, GIFT CARDS, ZELLE, VENMO, GIFT CERTIFICATES AND MEMBERSHIP CHARGES.

SERVICE CHARGE

PLEASE NOTE THAT A MANDATORY SERVICE CHARGE WILL BE ADDED FOR ALL A LA CARTE SERVICES AND DAY SPA PACKAGES. FOR YOUR CONVENIENCE, A SUGGESTED GRATUITY HAS ALSO BEEN ADDED TO YOUR SERVICE(S). GRATUITIES ARE OPTIONAL, CAN BE ADJUSTED, AND ARE LEFT AT YOUR DISCRETION. GRATUITIES ARE RETAINED IN FULL BY THE PROVIDER(S) PERFORMING OR STAFF CONTRIBUTING TO THE SERVICE(S).

GIFT CARDS

SPA GIFT CARDS ARE A WONDERFUL WAY TO GIVE THE GIFT OF HEALTH, RELAXATION, AND BEAUTY TO THE SPECIAL PEOPLE IN YOUR LIFE. WE WILL BE MORE THAN HAPPY TO ASSEMBLE A GROUP OF SERVICES THAT FIT ANY PERSONALITY OR SPECIAL OCCASION. GIFT CERTIFICATES MAY BE PURCHASED AT THE FRONT DESK OR BY PHONE AND MAY NOT BE REDEEMED FOR CASH; ONLY FOR PRODUCTS AND SERVICES, PLEASE.

PERSONAL PROPERTY / VALUABLES

PLEASE DO NOT BRING OR LEAVE VALUABLES IN THE FACILITY OR LOCKERS. WE ARE NOT RESPONSIBLE FOR ANY THEFT OR LOSS OF PERSONAL PROPERTY, INCLUDING JEWELRY OR OTHER PERSONAL ITEMS.

COURTESY AND RESPECT

ANY HARASSMENT, PROFANITY, THEFT, THREATS, PHYSICAL CONTACT, OR DISRESPECT OF THE EMPLOYEES UPHOLDING THE POLICIES OF THE PROPERTY WILL RESULT IN DISCIPLINARY ACTION INCLUDING NOTIFYING THE LOCAL AUTHORITIES.

PRIVATE SPA, SALON, AND FITNESS

FACILITY ONLY SPA, SALON, AND FITNESS PROFESSIONALS THAT THE FACILITY EMPLOYS ARE ALLOWED TO OFFER SERVICES ON THE PROPERTY.

THANK YOU, SAFE TRAVELS, AND WE LOOK FORWARD TO YOUR VISIT!

WARMEST REGARDS,
THE SPA OF CHARLESTON SOUTHERN BELLES



THE SPA OF CHARLESTON

FRANCIS MARION HOTEL

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WE LOOK FORWARD TO SEEING Y'ALL SOON!

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